

Knorr Mealmaker Savoury Mince 46g



EAN

8712566144563

Target market(s)

GB, IE

Components

Ingredients

Tomato Puree Powder (22%)†

WHEAT Flour

Toasted Onions (9.5%)†

Yeast Extract

Starch

Palm Fat

Tomatoes (6.5%)†

Iodised Salt

Mushrooms (5%)†

Salt

Red Pepper (3.9%)†

Green Bell Pepper (3.9%)†

Potassium Chloride

Sugar

Garlic Powder†

Flavourings

†From sustainable agriculture

Allergy Text

May contain Celery, Egg, Milk, Mustard, Soy and other Cereals containing Gluten.

Made to vegan standards, see ingredients section for allergens.

Nutrition

	Per 100g as sold	Per portion	% per portion
Energy	1381kJ/ 330kcal	1851kJ/ 443kcal	22%
Fat	8.9g	11g	16%
of which saturates	4.6g	3.6g	18%
Carbohydrate	43g	44g	17%
of which sugars	21g	9.7g	11%
Fibre	9.7g	11g	
Protein	16g	39g	78%
Salt	10.2g	1.4g	23%

* % of Reference Intake of an average adult (8400kJ/2000kcal)

** 1 portion = 1/4 of the prepared recipe (according to shopping list)

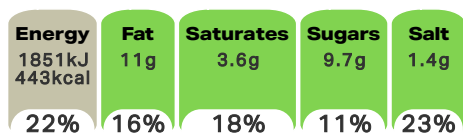
Calculated Nutrition

	per 100g	Per portion
Energy (kJ)	1381	1851
Energy (kcal)	330	443
Fat (g)	8.9	11
of which saturates (g)	4.6	3.6
Carbohydrate (g)	43	44
of which sugars (g)	21	9.7
Fibre (g)	9.7	11
Protein (g)	16	39
Salt (g)	10.2	1.4

Front of Pack Nutrition

Per Portion

Per portion (1/4 of the prepared recipe)



Energy per 100g as sold: 1381kJ/330kcal

% of Reference Intake of an average adult (8400kJ/2000kcal)

Nutrition Other Text

% of Reference Intake of an average adult (8400kJ/2000kcal)

1 portion = 1/4 of the prepared recipe (according to shopping list)

Reference Intake Statement

Reference Intake Statement - % of Reference Intake of an average adult (8400kJ / 2000kcal)

Product Description

Brand

Knorr

Features

Prepared with sun ripened vegetables

Free from artificial colours

Free from artificial preservatives

European Vegetarian Union

Suitable for Vegans

Standardised Brand

Brand - Knorr

Regulated Product Name

Savoury Mince Recipe Mix.

Marketing

Company Name

Unilever Ireland / Unilever UK

Company Address

Unilever Ireland,
20 Riverwalk,
Citywest,
Dublin 24.

Unilever UK,
Freepost,
ADM3940,
London,
SW1A 1YR.

Third Party Logos

- FSC
- Mobius Loop
- V-Label (European Vegetarian Union)

Product Marketing

Our Knorr chefs have created this sensational savoury blend, made with onions, mushrooms and red peppers that creates a delicious family meal.

Brand Marketing

Our Knorr chefs believe that great tasting and high quality ingredients come from a conscious use of agricultural resources.

Other Information

V-Label (European Vegetarian Union) - Vegan, V-LABEL.EU
FSC - FSC® Mix, Packaging / Supporting responsible forestry, FSC® C157745, www.fsc.org

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Further Description

To learn more please visit www.knorr.ie.

Health & Lifestyle

Lifestyle

- Suitable for Vegans
- Suitable for Vegetarians

Allergy Advice

Celery - May Contain
Cereals Containing Gluten - May Contain
Eggs - May Contain
Milk - May Contain
Mustard - May Contain
Soya - May Contain
Wheat - Contains

Additives

Artificial Colours - Free From
Artificial Preservatives - Free From

Storage & Usage

Storage Type

Type

Ambient

Preparation and Usage

Shopping list:

450g lean minced beef

1 onion

1 carrot

360g garden peas

To serve: 4 potatoes, 320g broccoli

Storage

Store in a cool dry place

Date Marking Type

- Best Before

Recipes

For this recipe you will need:

1 tbsp vegetable oil, 1 onion (chopped), 1 carrot (chopped), 450g lean minced beef, 425ml water, 360g garden peas.

To serve:

320g broccoli (steamed), 4 baked potatoes

Cooking Instructions:

1) Heat the oil in a saucepan and fry the onion and carrot until golden.

2) Add the beef, and fry until browned. Blend the contents of the sachet with 425ml water and add to the pan.

3) Bring to the boil, stirring continuously, cover and simmer gently for 10 minutes, stirring occasionally. Add the peas and simmer for a further 5 minutes.

4) Serve with baked potatoes and steamed broccoli.

Brandbank Captured Pack Data

Pack Size

0.1lbs e

Numeric Size

Numeric Size - 0.1

Pack Type

Type - Sachet

Recycling Other Text

Recyclable Paper Packaging

Usage Count

Number of uses - Servings

4

Usage Other Text

4 Portions

Customer Services

Manufacturers Address

Unilever Ireland,
20 Riverwalk,
Citywest,
Dublin 24.

Unilever UK,
Freepost,
ADM3940,
London,
SW1A 1YR.

Return To

Unilever Ireland,
20 Riverwalk,
Citywest,
Dublin 24.

Unilever UK,
Freepost,
ADM3940,
London,
SW1A 1YR.

Any comments or questions?
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UKIcare@unilever.com
www.knorr.ie / www.knorr.com/uk

Telephone Helpline

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(UK) 0800 731 1411

Email Helpline

UKIcare@unilever.com

Web Address

www.knorr.ie
www.knorr.com/uk

Extended Data

Description Breakdown

Functional Name - Mealmaker
Variant - Savoury Mince



NUTRITION INFORMATION (Typical Values)	Per 100g as sold	Per portion**	%* per portion**
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** 1 portion = 1/4 of the prepared recipe (according to shopping list)

Ingredients: Tomato puree powder (22%) †, **WHEAT** flour, toasted onions (9.5%)†, yeast extract, starch, palm fat, tomatoes (6.5%)†, iodised salt, mushrooms (5%)†, salt, red pepper (3.9%) †, green bell pepper (3.9%)†, potassium chloride, sugar, garlic powder†, flavourings. May contain celery, egg, milk, mustard, soy and other cereals containing gluten. Made to vegan standards, see ingredients section for allergens. † From sustainable agriculture